

## Religious Conflict?

# Nun Works to Heal Ireland

While Islamic-Christian differences are gaining worldwide attention, basic differences among Christians go unresolved.

Look at Northern Ireland, where most seem to view the 11-year conflict between the Protestant majority and Catholic minority in terms of religion.

But how religious is that conflict? Sister Mary Grant, a 35-year-old member of the Little Sisters of the Assumption order in Bel-

## Daniel Cattau

World-Herald Religion Writer



fast, Northern Ireland, has been ministering to families for seven years.

Sister Grant, who spoke at St. John's Church at Creighton University Friday night, said Northern Ireland's problems can't be solved by "simply working on the human level without the transformation of the person."

She added, "Ireland is post-Christian in a sense," although "there is a lot of routine, superstitious Christianity."

Sister Grant, the author of a collection of poems called "Yes, Lord" (Our Sunday Visitor, Huntington, Ind.), asked in one, "Where are the prophets of today?"

The poem says: "You Loyalists, you are mistaken in your loyalty, and your ranks are divided. For you live constantly threatened by the fear of reprisal for the mistakes of your fathers..."

You are not loyal to God. You hate, you do not love, and the Gospel has passed you by. You Republicans, your mistake is not that you refuse to carry the cross of oppression, or that you have carried it for years and are at last weary of the yoke: No, you never carried it at all, you never met Christ in it."

Harsh words, but aimed at harsher conflict. In an interview, Sister Grant said she is one of five sisters working in West Belfast. Each works with families in their homes.

Problems range anywhere from caring for terminally ill patients who want to stay at home, to working with broken families, to helping families cope with unemployment. The jobless rate

may be as high as 60 percent in some areas, she said, with the highest concentration of unemployed in the 16-to-18 age group.

Some 100 Christian Life Communities have been set up, with usually around 20 members or less to a unit. In turn, these members are working with 200 to 300 more fledgling family units.

Some communities have both Protestant and Catholic members, but that is rare.

And Sister Grant cannot work in both sectors, without losing credibility in both. "The polarization has become so acute that it's 100 percent, one or another," she said.

"A lot has to be done in our polarized areas before we can reach beyond the barricades," she said.

The problems of past bitterness and present fears, the kinds of memories which Sister Grant alluded to in her poem, taint all situations in Northern Ireland, she said, adding that when people get together, one of the most important things to happen is for a "healing of memories" to take place.

And that healing, she said, needs to take place on the ground level, not from any political structure.

"You'll only get change when people have been changed inwardly," she said.

## Options Reduced

Representatives of three Lutheran church bodies, meeting recently in Milwaukee, have reduced from six to four the number of structural options for a possible more united look.

Representatives of the Lutheran Church in America, American Lutheran Church and Association of Evangelical Lutheran Churches eliminated the concepts of a "federation" of existing churches or of a single, merged church with 60 to 80 regional subdivisions.

The remaining options now being considered, according to the Lutheran Council in the USA news service, actually present two basic choices: The retention of existing structures or creation of new national churches.

If the second option is favored, there would be three alternatives within it:

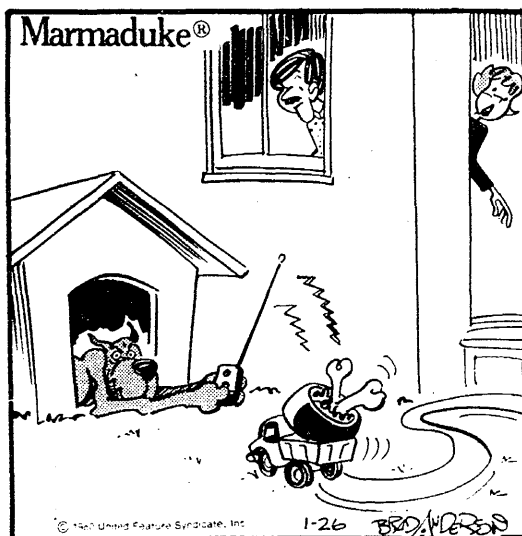
— A new national church with the three denominations becoming nongeographic entities.

— A new national church, with strong geographic groupings, each with about 1,800 congregations.

— Creation of a new national church, which would then create the geographic units.

The 2.6 million member Lutheran Church-Missouri Synod is not a participant in the talks.

If the parent church bodies agree, the churches will start a nationwide consultation process next October to consider the four options.



"He won't even come get his dog food since he took over Billy's radio-controlled truck!"

## Frozen Egg Whites, Yolks Keep at Least Six Months

King Features Syndicate

**Dear Heloise:** Did you know egg whites can be frozen and that when defrosted they'll beat just the same as unfrozen ones?

I used to throw egg whites away when using only yolks for a recipe before I discovered this.

Now, I freeze the whites until I have enough to bake an angel food cake instead of using whites from whole fresh eggs for this, then wondering what to do with the unused yolks.

**A.R.** Did you know the yolks can be frozen too, either separately or



in combination with the whites? Sure thing — and they freeze beautifully too.

However, there are certain things to remember when doing this, not the least of which is to thaw them in the refrigerator and not at room temperature.

Egg yolks need to be put through a medium mesh strainer. Then add a tablespoon of sugar or white corn syrup or a half teaspoon of salt to each cup of liquid yolks.

This is to prevent the yolks from becoming gummy during storage. Mix thoroughly before freezing.

Label the yolks. Those mixed with sugar or corn syrup can be used in making sweet treats or baking; those mixed with salt can go into non-sweet recipes.

To freeze whole eggs, blend the yolks and whites in a bowl, but do not beat!

Put the blended eggs through a strainer and again add one tablespoon of sugar or white corn syrup or one-half teaspoon salt to each cup of eggs.

As with egg yolks, this step is important to prevent gumminess during storage. Again, label them so you'll know sweet from salty, and thaw in the refrigerator.

Egg whites need only be put through a strainer and placed in freezer containers. It is not necessary to add sugar or salt. After preparing the eggs, place them in rigid freezer containers, allowing at least a half inch of headspace for expansion. Seal and store in the freezer.

Frozen eggs will keep for six months to a year, gals, so take advantage of seasonal lows on egg prices and stock up.

Watch for sales too. When you

find a bargain, buy an extra dozen or more if you use a lot of eggs.

Then, if the time comes when eggs are the price of gold nuggets, you can pat yourself on the back for being so smart.

**Hugs, Heloise**

## Try Them

**Dear Heloise:** If you find biscuits or rolls on sale at terrific bargain prices because their expiration date is "at hand," go ahead and buy them.

Bake as usual and freeze until needed. When they're defrosted and heated, you'll find you have some very economical hot bread to enjoy.

**Mrs. C. Berns**

## No Slips

**Dear Heloise:** What can I do with a comforter that keeps slipping off the bed? I made a cotton cover for it but it didn't solve the problem.

Would appreciate it very much if you could help.

**Ms. L.S.**

Tack a strip of thin foam rubber across the middle of the underside of the comforter so it won't show. Don't make the strip too permanent, though, as you may want to remove it for cleaning, etc.

You shouldn't have to chase that comforter ever again.

**Heloise**

## A Solution

**Dear Heloise:** Hopefully, this hint may help someone else who is handicapped...

My husband lost his right arm and it was hard for him to attend to his personal grooming with one hand.

I washed out empty pull-top liquid detergent containers with before-shave lotion, after-shave lotion and his hair oil.

Now he can use whatever he needs easily.

**Ruby**

## A Rash Answer

**Dear Heloise:** I have a good remedy that clears up diaper rash and some other rashes too.

Wash the rash area, dry real well, then pat on plenty of cornstarch (plain old cooking variety).

Do this three or four times a day. The rash usually will clear up in a day.

This is especially good for babies and children because it doesn't sting.

**Mrs. Elvis H. Young**

**Do you have a good hint for the handicapped? Send it to Heloise care of The World-Herald. She can't answer your letter personally but will use the best hints in her column.**

## Carlson-Harris Wedding in May

Christine Ann Carlson of Lincoln and John Michael Harris plan a May 31 wedding at St. Joseph's Catholic Church in Lincoln.

Miss Carlson, daughter of Mr. and Mrs. William J. Carlson of Lincoln, is a graduate of the University of Nebraska-Lincoln.

Her fiancé, who will be graduated in May from UNL, is the son of Mr. and Mrs. John D. Harris.

## McGuire Rite Is Celebrated

Cherie Jacobsen and Jim McGuire were married Friday in a 7:30 p.m. ceremony at St. Gerald's Church in Ralston. The Rev. Albert Massmann officiated.

The bride is the daughter of Mr. and Mrs. Arthur Jacobsen of Papillion. The bridegroom is the son of Ray McGuire.

A reception was held at the IBEW Hall in Millard.

Honor attendants for the



**Mrs. McGuire (Cherie Jacobsen)**

couple were Julie Bohnenkamp and the bridegroom's brother, Tom McGuire of Colorado Springs, Colo.

When the newlyweds return from a trip to Las Vegas, they will live in Omaha.



## April, May Weddings Ahead for Couples

### Fouts-Edwards

The engagement of Catherine Marie Fouts to Patrick J. Edwards of Council Bluffs has been announced by the future bride's parents, Mr. and Mrs. Lowell G. Fouts.

The prospective bridegroom is the son of Cecilia B. Edwards and Dr. Charles V. Edwards Jr., both of Council Bluffs.

Miss Fouts, a student at the University of Nebraska at Omaha, attended Loras College in Dubuque, Iowa, where she was a member of Sigma Delta Omega Sorority.

Her fiancé attended the University of Notre Dame and spent a year studying in Innsbruck, Austria, under a foreign exchange program. He will be graduated in May from Creighton University and plans to attend Creighton's Medical School in the fall.

## Omaha World-Herald Women's News

Saturday, January 26, 1980

## Passenger on Titanic? Abby Is Unconvinced

Chicago Tribune Press Syndicate

**Dear Abby:** My friend Alice has been terrified of water all her life. She wants to take some cruises, so Alice consulted a therapist to help her overcome her fear of water.

She said that her therapist hypnotized her and learned that in a previous life Alice had been a passenger on the Titanic and was drowned when it sank, and that is why she has such a terrible fear of water!

I am beginning to think my friend is bonkers, and her therapist is either a nut or a fraud. Abby, what do you make of all this "previous life" business?

**Puzzled** I wouldn't say that Alice is bonkers, nor would I call her therapist a nut or a fraud.

Some very knowledgeable and intelligent people buy the theory that we have all lived previous lives and will return after this life to live many more.

I don't buy it. And until there is evidence that I can understand and accept, I remain, Very truly yours,

**Unconvinced**

## Wife's Fears

**Dear Abby:** I'm a rather large woman, 55, neat, well-groomed and far from ugly.

I've been married for 35 years to a handsome man who neither drinks nor smokes, but he loves to dance.

I love to dance, too, but I have arthritis in both knees, so my dancing days are over.

I have no money worries, live in a nice home and own my own car, so I can come and go as I please. I play bingo about three times a week.

My problem is that my husband goes dancing every Friday and Sunday, while I'm playing bingo.

Different friends have told me that I'm a fool to let my husband go dancing without me, but it's no fun to go and sit while he dances with other women. He tells me that all the women he dances with know he's married. He always wears his wedding band and is usually home before I am.

I could make things miserable by telling him I would rather he didn't go dancing since I can't dance, but why should I begrudge him the pleasure of doing something I know he enjoys so much?

Abby, I'm so afraid that one day he will come home and tell me he has found someone else. I don't nag him about it, but do you think I'm a fool for letting him go dancing without me?

**Worried Wife**

Yes, as long as you feel threatened. Go with him for a while. It may not be fun, but it



may clear up some of those doubts. It's usually the fear of the unknown that creates uneasiness and worry.

## Examine Posture

**Dear Abby:** My problem is my 14-year-old daughter. She's a tall, pretty girl, but her posture is terrible!

I keep reminding her to hold her shoulders back and to sit and stand straight, but every time I look at her she's all hunched over and stoop-shouldered. She sits in a crouched position with one leg curled under her.

She says maybe she would improve if I quit nagging her.

How can I quit? I love her and want her to have a lovely posture. I'm afraid it's too late already because she's made a habit of slouching.

I just hate to see a young, beautiful girl look like a hunchbacked old lady.

Can you help me? No names, please. She's hostile enough as it is.

**Well-Meaning Mom**

Poor posture can be due to a growth disturbance of the spine.

Untreated, it becomes a permanent hunchback, but if treated early it can be corrected.

Ask your daughter to remove her clothes and bend forward. If there is a noticeable "hump" on her back, or if her ribs are more prominent on one side than the other, she should be examined by an orthopedic surgeon.

## Rabbi, 83, to Have 2nd Bar Mitzvah

By Daniel Cattau  
World-Herald Staff Writer

Rabbi Alexander Katz will observe his second bar mitzvah Feb. 24 at Beth El Synagogue.

For the Lithuanian-born rabbi, it will be his first American-style ceremony.

Katz, 83, is a Conservative Jew from an Orthodox background whose entry into the rabbinate was slightly unorthodox.

Katz was attending the seminary when World War I broke out.

The Germans moved in and forced the young Lithuanians to work. Through a strange twist, this provided the incentive for Katz to become ordained.

"Who is responsible for me becoming a rabbi?" he asked. "A German lieutenant!"

**Forced Labor**

"He liked me, but I really don't know why. He told me 'Sander, if you would become a rabbi, I would not ask you to do these things,'" Katz said, referring to the forced labor.

Katz knew of an elderly rabbi in a nearby village, but there was one problem: That village was in another zone under German control and no travel was permitted between the two areas.

So Katz took off at night, walking 12 kilometers (about seven miles) through woods and streams and found the rabbi. After spending two or three days at the rabbi's home — and with the elderly rabbi being satisfied with his knowledge — Katz was ordained.

Katz served a small synagogue for about two years and then was ordained again in 1918 after the war had ended.

**Avoid Service**

The next five years were chaotic in Lithuania. Katz said his main objective was avoiding



**Katz**

military service, which he was able to do with the aid of several forged passports.

An older brother, Sam, had come to the United States earlier. Katz joined him in Duluth, Minn., in 1923. Two other brothers went to South Africa and a third went to Cuba.

Upon arriving in America, Katz decided to stay in the rabbinate, serving small congregations in Fond du Lac, Wis., and Virginia, Minn.

His father and mother came to the United States in 1925, with his father, Rabbi Zundel Katz, taking a congregation in Superior, Minn.

Katz took a congregation in Fargo, N.D., where he served from 1927 to 1944.

After a brief business venture in Minneapolis with his brother, Katz came to Beth El as assistant rabbi. He conducted daily services (and still does), taught Hebrew school, read the Torah at Sabbath services.

**American Invention**

"Here is the place where I really aged myself," Katz said. Katz said he became a rabbi "by accident," but it was no accident that he did not have a

formal bar mitzvah in Lithuania when he turned 13.

"There wasn't such a thing as a ceremony. It was more or less of an American invention," he said.

"When you reached the age of 13, you are a bar mitzvah," he said, with no special instruction required. "I started learning something about bar mitzvahs when I came to America. It was strange to me," he said.

What will happen Feb. 2? "I'll become a bar mitzvah, American-style," he said.

Rabbi Kenneth Bromberg of Beth El said one of the reasons the bar mitzvah will be held for Katz is that, in the Psalms, threescore years and 10 — 70 years — represent a full life.

So, in a sense, Katz has reached the second stage of manhood — with the 13 years being added on to the 70, equaling 83.

**"Special Guy"**

The second bar mitzvah, Bromberg said, "is done now and then. It's not something that's done with any frequency. Not everyone at 83 is up to it."

Bromberg said Katz "is a special guy. It seemed to be a natural thing."

As part of the celebration, a specially commissioned Torah will be presented to Beth El in Katz's name and dedicated Sunday. At this unusual ceremony, a scribe from New York City will complete the actual handwriting of the Torah, incorporating the letters of Katz's name in the final paragraph of the Hebrew text and on the rollers of the Torah.

Katz has four children, sons Lewis of Storrs, Conn., David of Richmond, Va., and Michael of Highland Park, Ill.; and daughter, Ozzie Nogg of Omaha. Her husband, Donald, is president of Beth El. Katz's wife, Belle, died six years ago.

of the small Reform movement in Israel, calls the Agudat Israel an "anti-modern, anti-progressive force," and says it is the uncompromising attitude of the Orthodox that leads Jews to abandon their religion.

The Orthodox establishment in Israel refuses to recognize Conservative and Reform rabbis, but an influx of American immigrants led to a sudden growth of unofficial congregations in the early 1970s. There are 13 Reform synagogues. The Conservatives have about twice as many.

## Churches Agree On Baptisms

Porto Alegre, Brazil (AP) — Three Brazilian church bodies — the Roman Catholic Church, the Evangelical (Lutheran) Church and the Episcopal (Anglican) Church — have agreed to recognize each other's baptisms.

In a signed document, they said they "have found that there is concordance on the fundamental points of doctrine and practice concerning baptism," and have agreed to recognize that in action.

The agreement means members won't be "rebaptized" when shifting memberships among the three churches.

## Shoes, Purse Should Harmonize, Not Match

By Patricia Shelton  
Chicago Sun-Times Service

**Q.** Should your shoes and purse always match?

**G.T.** Absolutely not. They should harmonize, meaning both color and texture, but skip the matchy-matchy.

## How Long?

**Q.** Should your straight-leg pants be above your ankle, exposing your entire shoe, or should they be longer?

**A.F.** Presumably you are talking about what vaguely falls into the category of "long pants" today.

Designers are showing straight-leg pants at lengths from two or three inches above the ankle to down to the heel seam of the shoe. Take your choice.

However, unless you're as slim as a reed, forget about being "trendy" and stay with the heel-seam length. It's just as valid as shorter lengths and is far more flattering to most figures.

## Tacky?

**Q.** When wearing jeans, can you wear a frilly satin or silk blouse, or is that considered tacky?

**J.K.** A. It takes a good figure to wear a frilly blouse with a pair

of basic denim jeans and not look like Betty Boop on the ranch.

If you're starting with that quality, and the jeans are crisp clean, the blouse is excellent quality, your shoes are great-looking and your hair and nails are in perfect condition, give it a whirl.

As for satin or silk, any tailored style is a natural with a pair of jeans.

## Skirt, Boots

**Q.** With this season's skirts being shorter, must your skirt still cover your boots?

**E.F.**

A. No, not if you're wearing this season's fashion boots, which stop just above the ankle.

The knee boots most of us came to love so much in years past are now a utilitarian item, not a fashion item. They look better with skirts that cover the top of the boots.

However, there are times when practicality should take precedence over fashion, and slopping around in the slush is one of them.

When you wear a knee boot with a skirt that leaves a gap, whether you're standing or walking, wear an opaque stocking that matches the boot to fill in the gap.

It's just that simple — maybe not the best look in the world, but certainly adequate.

## No Glitter

**Q.** Can patterned hose be worn during the day to the office?

**S.K.** A. Yes, if they are of the sporty variety. Save the rhinestones and the point d'esprit for your cocktail clothes.

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